



FASTING

- In the dioceses in the United States, Catholics aged 18 through 59 are bound to fast on both Ash Wednesday (February 18, 2026) and Good Friday (April 03, 2026).
- To fast means to consume one full meal a day at most, although taking of other, smaller quantities of food at the other customary mealtimes is permitted. Food and drink between meals (excepting water and medicine) is not permitted on days of fasting.

ABSTINENCE FROM MEAT

- Catholics aged 14 and up are to abstain from meat on Ash Wednesday, all Fridays of Lent, and Good Friday.
- To abstain means refraining from eating the flesh, marrow and blood products of beef, veal, pork, or poultry at least, although eggs and milk products are acceptable. The consumption of fish and shellfish is permitted, though the penitential character of the abstinence should be kept in mind.

EASTER DUTY

- All the faithful, after they have been initiated into the Most Holy Eucharist, are bound by the obligation of receiving Communion at least once a year. This precept is to be fulfilled during the Easter Season unless it is fulfilled, for a just cause, at some other time during the year. This period is extended to include all the weeks of Lent and the Easter Season up to Trinity Sunday (May 31, 2026).

LENTEN PRACTICES

- The faithful are encouraged during Lent to attend daily Mass, receive Holy Communion, participate in penance services, and receive sacramental absolution; to take part in public and private exercises of piety, give generously to works of religion and charity, perform acts of kindness toward the sick, aged, and the poor; to practice voluntary self-denial, especially regarding food, drink, and worldly amusements; and to pray more fervently, particularly for the intentions of the Holy Father.
- Ash Wednesday, the first day of Lent, falls this year on February 18, 2026. Ashes are to be blessed as a sign of our entry into a season of conversion, repentance, and reconciliation. Ashes are to be blessed by a bishop, priest, or deacon. Others may be associated with the clergy in the distribution of ashes.
- Funeral Masses may not be celebrated on Holy Thursday, Good Friday, or Holy Saturday, nor on the Sundays of Lent. When pastoral reasons require that a funeral be celebrated on these days, only a Funeral Outside of Mass may be held.
- To afford the faithful opportunities to participate in Lenten prayer services, pastors are encouraged to have such prayer services at least twice a week, including the Way of the Cross on Fridays, Exposition and Benediction, Evening Prayer, and evening Masses. A homily or instruction should be included.

BLESSING OF THE OILS AND CONSECRATION OF THE CHRISM

- In order to allow participation of Catholics throughout the islands, the Sacred Oils will be blessed during the Chrism Mass to be celebrated in several locations. All the faithful are encouraged to join in one of the following celebrations:
 - a. Maui-Lanai: **Tuesday, March 3rd at 7 p.m., St. Anthony Church, Wailuku.**
 - b. Big Island: **Tuesday, March 24th at 5:30 p.m., St. Joseph Church, Hilo**
 - c. Kauai: **Thursday, March 26th at 6:00 p.m., Immaculate Conception Church, Lihue.**
 - d. Oahu-Molokai: **Tuesday, March 31st at 7 p.m., Co-Cathedral of St. Theresa, Honolulu.**

THE SACRED PASCHAL TRIDUUM

- “Since Christ accomplished his work of human redemption and of the perfect glorification of God principally through his Paschal Mystery, in which by dying he has destroyed our death, and by rising restored our life, the sacred Paschal Triduum of the Passion and Resurrection of the Lord shines forth as the high point of the entire liturgical year” (Universal Norms on the Liturgical Year and the Calendar, #18). Three major liturgical principles may be of help here:
 - The Triduum may be viewed a single liturgical action that occurs over a period of three days.
 - The Triduum is not part of Lent, but in its entirety, celebrates the Easter event.
 - The entire focus of the Triduum is on the Triumph of the Cross and the Resurrection.
- The Paschal Triduum begins on Holy **Thursday, April 02, 2026**, with the Mass of the Lord’s Supper until the evening of Easter **Sunday, April 05, 2026**. Good Friday of the Lord’s Passion is on **Friday, April 03, 2026** and the Mass of the Resurrection of the Lord at the Easter Vigil is on **Saturday, April 04, 2026**.



February 1st, 2026

The Fourth Sunday in Ordinary Time

First Reading

-Isaiah 2:3;3:12-13

“I will leave in your midst a people humble and lowly.”

Responsorial Psalm

-Psalm 27:1,4,13-14

“Blessed are the poor in spirit; the kingdom of heaven is theirs!”

Second Reading

-1 Corinthians 1:26-31

“God chose the weak of the world.”

Gospel Reading

-Matthew 5:1-12a

“Blessed are the poor in spirit.”



Reflection on the Gospel

This Sunday’s gospel passage is Matthew’s version of the Beatitudes. The Beatitudes are a blessing to those who cultivate or promote the Kingdom of God.

The passage starts with Jesus going up on a mountain. This is a parallel between him and Moses. Afterwards, he is teaching his disciples. Between Luke’s and Matthew’s gospels, Matthew’s start with those who are poor in spirit. Being poor in spirit does include those being destitute due to financial problems, but it encompasses an attitude that even the disciples follow. This attitude is having a dependency on God to provide for one’s needs.

Building a kingdom takes more than one person. These beatitudes align with people’s everyday lives, just like those who are poor in spirit. Those who are mourning not only speak of those who suffered losing a loved one but also to those who are oppressed, such as the Jewish people under Roman rule. The meek are those who are nonviolent as they would inherit a renewed earth. Those who hunger and thirst for righteousness are those who do the Father’s will.

Those who are merciful in this life, God in turn will give them his mercy. Those who are clean of heart are those who have only God on their minds. Peacemakers take no explanation, but this would define what God’s children are, peaceable people. The last two beatitudes are for those who suffer different degrees of persecution, those who suffer bodily suffering, and those who are attacked spiritually.

The lesson to be heard was taught to the disciples, who in turn taught their disciples. Needless to say, the lesson is for generations to hear and cultivate. Again, the beatitudes are part of everyday life. God blesses us in the things we do or in the situations we are in.

-From the desk of Bro. Emmanuelle

Vision Statement

We are a loving community witnessing and living the Gospel of Jesus Christ.

Mission Statement

We the members of Saint Patrick Parish, are called by Baptism in Jesus Christ to: celebrate our faith as a community of believers through worship, prayer and community action, to participate in opportunities and experiences that strengthen our knowledge and love of Jesus and his Church; to foster a welcoming environment which serves our ‘Ohana and reaches out to the community at large.

-Reaffirmed 2018

1124 Seventh Avenue
Honolulu, Hawaii 96816
Congregation of the Sacred Hearts

Church est. 1929

Sunday Liturgy of the Eucharist

Saturday: 6:00 pm
Sunday: 6:30am, 8:30 am, 11:00 am

Weekday Liturgy of the Eucharist

Monday to Saturday: 7:00 am

SACRAMENTS

Contact the Parish Office for further information regarding the sacraments.

Baptism – Parent Sessions

Marriage—One year notice before marriage date.

Anointing of the Sick— Before hospitalization. This Sacrament is celebrated with family and friends.

Homebound—Eucharist is available for the sick

Penance Service—Advent and Lent

Reconciliation (Confession) Saturdays: 4:30pm to 5:00pm

Church Directory

Rev. Lusius Nimu, ss.cc. - Pastor

Rev. Bertram Lock, ss.cc. - Parochial Vicar

Dr. Fernando Ona - Deacon

Sherry Shimoda – Rectory Receptionist

Bro. Emmanuelle del Castillo, ss.cc. - Parish & School Associate

Faith Formation Ministries:

Music Ministry: Leslie Segundo – Call rectory

RCIA: Stella Christopher

Social Ministry:

Baptism: Bert Nakamura

Karen Nakamura

Eucharistic Ministry: Karen Nakamura

Lector: David Tom

Rosemarie Tom

Hospitality: Garrett Miura, Tammy Miller, Gene Vosberg

School est. 1930

Congregation of the Sacred Hearts

President: Rev. Lusius Nimu, ss.cc.

Vice President/ Principal: Shireen Santiago

Finance Officer: Hong Li Luo

Vice Principal: Gavin Kim

Registrar/Admissions: Karen Nobuji

Dean of Students: Tiani Ma’afala-Autagavaia

Contact Numbers:

Parish Office: 732-5565 Fax: 737-2477

School Office: 734-8979 Fax: 732-2851

Religious Ed. Office: (Call the Parish Office)

Parish Office hours:

Monday-Friday: 8:00am to 4:00pm

Closed 12noon to 1:00pm daily; and all day on Holidays

School Office hours:

Monday – Friday: 7:00am to 3:00pm

After School Care: 2:30pm to 5:30pm



Second Collection

February 7th & 8th

Strengthen *Faith*,
Support *Catholic Education*,
Make a Student *Smile*.
Give the *gift* of
Catholic Education

Our Catholic schools provide a quality education to students from all ethnic, religious and financial backgrounds. The Augustine Educational Foundation provides tuition scholarships to students with a financial need in our Hawaii Catholic Schools in grades K-12. Please take a moment and give the gift of education and make a difference in a student's life.

Your gift to our Second Collection goes to support tuition scholarships in your parish and/or vicariate for the 2026-2027 School Year.

Here are the ways you can make a gift:

Online: Visit augustinefoundation.org/donate

Check: Payable to Augustine Educational Foundation. Mail your check to Augustine Educational Foundation, 6301 Pali Hwy, Kaneohe, HI 96744. Please include your parish/island on the memo of your check for proper parish acknowledgement.

For more information, please call (808) 203-6748 or visit www.augustinefoundation.org.

Last year, nearly **\$110,000** was generously donated to the **Second Collection**.

Church Envelopes

Please pick them up from the back of the Church or from the Rectory office,

February 18th,
2026
[Regulations for
Lent can be seen
on the back of the
bulletin]

February 2nd, 2026
Presentation of the Lord
Feast



The Feast of the Presentation of the Lord celebrates the day Mary and Joseph brought baby Jesus to the Temple to offer Him to God. There, Simeon and Anna recognized Jesus as the light sent by God to save all people. This feast reminds us to offer our lives to God and to recognize Jesus as the light in our world.

February 5th, 2026
Saint Agatha
Memorial



Saint Agatha was a young Christian woman who bravely chose to stay faithful to God even when she was persecuted for her beliefs. She is remembered for her courage, purity, and trust in God during very difficult times. Saint Agatha reminds us to stand strong in our faith and do what is right, even when it is hard

February 5th, 2026
Saint Paul Miki and Companions

Memorial

Saint Paul Miki and his companions were a group of Japanese Christians who were martyred for their faith in 1597. Even while facing death, Paul Miki bravely preached about Jesus and forgave those who were harming them. They are remembered as powerful examples of courage, faith, and love for Christ.



**Saint Patrick Church
Upcoming Events**

- February 1st **Family Rosary**
at St. Patrick School Cafeteria.
After 11 AM Mass.
- February 6th **First Friday Adoration**
After the 7AM Daily Mass
Until 4PM
- February 7th & 8th **Second Collection**
Augustine Educational Foundation
- February 18th **Ash Wednesday**
Events will be updated weekly.
St. Patrick School events can be seen here:
<https://school.saintpatrickhawaii.org/news-events/>

Respect Life (“Womb-to-Tomb”) Facts

Respect Life in the Catholic Church covers the entire spectrum of life – “Womb-to-Tomb” to include abortion, contraception, end-of-life etc. Each week, we will list 3 facts regarding the Catholic Church’s teachings on Respect Life.

Abortion

- The Catechism of the Catholic Church 2270 says, "Direct abortion, that is to say, abortion willed either as an end or a means, is gravely contrary to the moral law"
- According to the Guttmacher Institute, in 2024 there were 1,038,100 clinician-provided abortions in US states without total abortion bans – which equates to 2,444 a day
- The Charlotte Lozier Institute says, “A heartbeat can first be detected at approximately 22-23 days after conception”